

PERSONAL INFORMATION



WORK EXPERIENCE

5/03/13 a 7/06/13

Assistant cook

Restaurant trattoria Barcollando, Via Lorenzo

Magnifico 64, Roma (RM), cp: 00165

- Preparation of: appetizer, sauces, side dishes, first dishes, meat dishes and roasted.
- Utilization of cooking tools, kitchen cleaning, and raw material storage.

Business or sector Restaurants

28/05/12 a 27/06/12

Assistant cookHotel Massimo D' Azeglio, Via Cavour numero 18,
Roma (RM), pc: 00184

- Preparation of: appetizer, sauces, side dishes, first dishes, meat dishes and roasted.
- Utilization of cooking tools, kitchen cleaning, and raw material storage.

Business or sector Restaurants

27/07/12 a 02/11/12

Assistant cook

Restaurant Villa Belvedere, gentseweg 377 9120, Beveren (belgium)

- Preparation of: appetizer, sauces, side dishes, dessert, kitchen cleaning and raw material storage.

Business or sector Restaurants

EDUCATION AND TRAINING

05/2011 a 27/06/12

Assistant cook qualificationReplace with EQF
(or other) level if
relevant

Radio Elettra school, Rome

- Preparation of: appetizer, sauces, side dishes and first dishes
- Knowledge of basic menù.

27/07/11

Graduation on electronics technicianReplace with EQF
(or other) level if
relevant

I.T.I.S Primo Levi, Cagliari

PERSONAL SKILLS _____

Mother tongue(s) Italian

Other language(s): english

UNDERSTANDING		SPEAKING		WRITING
Listening: C1	Reading: C1	Spoken interaction: B1	Spoken production: B1	A2

Organisational / managerial skills Good organizational capacity of the acquired skills at work in the kitchen

Digital competence

SELF-ASSESSMENT				
Information processing	Communication	Content creation	Safety	Problem solving
Basic user	Basic user	Basic user	Basic user	Basic user

Driving licence Driving licence B

ADDITIONAL INFORMATION _____

Testimonial for my previous work: Trattoria Barcollando: 06 4424 2613, Rome (Italy)
or, Villa Belvedere 0032483222809, Beveren (belgium)